

Rebuilding after flood Check list for Medical practices

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Our Vision

For rural and remote communities to enjoy healthy lives and access to quality local care through innovations, research and inspiration

Our Purpose

To support better health in rural and remote communities by empowering innovation and local solutions. Inspiring and challenging health professionals to go where others won't and growing rural and remote health care.

Our Values

Courage: We will act with conviction and integrity and take informed risks

Trust: We will be credible, reliable, connected, and selfless

Care: We will be diligent, compassionate, responsive, and effective

1. Some key things to consider

- Take a good look at whether you want to rebuild. Is it an opportunity to retire, relocate, make other changes?
- Form a group of people around you for advice and to help when you experience 'decision fatigue'. Ideas can include Facebook closed group, professional associations, as well as colleagues, friends and family.
- Keep the Registrars in your practice. Look at support that the RTO can offer you and the
 registrars during the recovery process. Although it may seem easier to get your trainees
 placed somewhere else during the recovery process, this can lead to more issues once you
 are back on your feet when trying to get them back in the practice.
- Accept help. If you don't need the assistance right now, keep a list of the people who offer
 assistance and what type. You may not feel you need it now, but this will usually change as
 you go through the process. Reach out for help, even if it is a couple of months later.
- Staff may need time off if they have been impacted. The same goes for you.
- Recovery can take about 2 years. Have faith you will recover

2. During the clean up

- Take photos/footage of everything and keep records. These may need to be provided as evidence 18 months later.
- Keep a list of damaged books or equipment that you have to discard so that you can replace them later if needed.
- Supervise the clean-up. Sometimes things might appear damaged but aren't once cleaned/repaired.
- Set up a tarp or separate area to keep things on that you are unsure of and want to reassess before throwing out. Ask for time to give more thought before final decision made. Decision overload can be overwhelming.

3. Funding support and Insurance

- Speak to your Accountant &/or Financial Advisor about options. Check if you can rebuild.
- Be aware that paying for things like "business interruption insurance" will usually only cover
 you for what is covered by your insurance. If you don't have flood insurance as part of your
 cover, you aren't eligible to claim business interruption insurance if the practice is flooded and
 you can't operate.
- Speak to your bank! They will want to help! Defer personal and business loans if possible.
- Contact other associations and organisations such as your Medico-legal organisation for assistance with fees being waived.

- Stick with the big banks for loans. Some public funded loans actually cause a lot more work in the long term due to full budgets and reports needing to be submitted regularly as part of the agreement until the loan is repaid.
- Check your insurance policy very carefully for what you are covered for. Seriously consider
 using an Insurance Broker for the claims process as they can offer Claims Assistance. Their
 experience and knowledge of what you can claim will usually be worth the investment.
- Use Claims Agents where possible they know how to maximise your claim.
- Look for Commonwealth and State grants available but also investigate shorter time frame grants from Foundations and those offering financial relief
- Beware of tax payable on grant money received
- Contact the Insurance Ombudsman if needed to escalate if your claim is denied, or if it is not resolved to your satisfaction.

4. Rebuilding

- When setting up in a temporary premises ie. In the hospital, it only needs to be minimalist approach. Minimal equipment and simple billing.
- Social events that provide support such as BBQ are helpful to give opportunity to debrief and connect with your community.
- Don't rush in- invest in quality equipment. The benefit is you know what you used regularly and what was not as necessary get good gear
- Lobby and explain your position to anyone of influence Local MPs, Councillors
- Court the media- sell your story and the local business owners around you, name the insurance company if needed.
- Be aware of shonky people- e.g. cleaners, tradespeople etc. that will try to take advantage of the situation.
- With insurance providers- push back where possible